

小病人玥言每次都期待「搞笑醫生」的到來，和她扭氣球及玩玩具。
This little patient Yuet-yin, always looks forward to the arrival of the 'Giggle Doctor', who twists balloons and plays with her.

「搞笑醫生」為病童心靈加油
'Giggle Doctors' cheer up children patients

在香港兒童醫院的病房及走廊，偶爾會傳來陣陣歡笑聲，不時看見幾位身穿色彩繽紛服飾的「醫生」，被小朋友簇擁著。穿白袍卻不是醫生，不會治病卻撫慰心靈，他們是專為病童帶來歡樂的「搞笑醫生」。

香港兒童醫院啟用以來，非牟利組織的「搞笑醫生」經已駐場，他們的陪伴為病童帶來絲絲慰藉。**飛飛**醫生指，每名「搞笑醫生」都有不同專長，她最擅長表演魔術：「我們希望能夠做到『more than happy』，減輕小朋友的恐懼。小朋友最害怕打針和食藥，我便會從『百寶袋』變出『開心加油針』，將他們的恐懼轉化為有趣的體驗。」飛飛醫生說。

從八個月的幼兒，到18歲的青少年，飛飛醫生同樣有辦法讓他們笑開懷。她笑言必須緊貼潮流，從早年的比卡超到近期的Chiikawa、Labubu，甚至是線上遊戲《王者榮耀》，她都如數家珍，成功和病童打開話匣子。

飛飛醫生坦言人總有負面情緒，「但當我一踏進病房的『虎度門』就會忘我，我希望小朋友在醫院有愉快的經歷。」



小朋友在專科門診內收到KK醫生的氣球後十分興奮。
A child is thrilled to receive a balloon from Dr KK at the SOPC.



「搞笑醫生」的白袍猶如「百寶袋」，飛飛醫生展示的是「開心加油針」。
The gown of 'Giggle Doctors' is like a magic pocket, and Dr Fei Fei is demonstrating her magic prop 'happy syringe'.

陪入手術室減焦慮

香港兒童醫院社會工作主任（病人資源中心）**林鳳翹**(Yvonne)指出，「搞笑醫生」曾接受專業的藝術與醫療環境訓練，擅於與病童互動。該院共有四名常駐「搞笑醫生」，每天穿梭於病房、專科門診或手術室。Yvonne說：「年紀小小便要接受手術難免感到惶恐不安，『搞笑醫生』陪伴病童進入手術室，術前通過遊戲讓他們了解做手術的情況，能減輕他們的焦慮。」

Yvonne表示「搞笑醫生」能改變病房的氣氛，家長有時甚至會特意致電詢問「搞笑醫生」的所在位置。在充滿不確定下，家長看到子女久違的笑容，彷彿看到了希望。

從一個氣球到一支魔術探熱針，「搞笑醫生」用他們獨特的方式，以快樂治療病童的心靈。

You might occasionally hear gales of laughter coming from wards and corridors of Hong Kong Children's Hospital (HKCH), and spot several colourfully dressed 'doctors' surrounded by children. They wear gown, but they are not medical doctors; they do not manage diseases, yet they heal the soul – they are the 'Giggle Doctors' dedicated to bringing joy to paediatric patients.

Since the commencement of HKCH, 'Giggle Doctors' from a non-governmental organisation have been stationing to offer companionship that provides a sense of solace to children. Dr **Fei Fei** notes that every 'Giggle Doctor' has their own strengths, and hers is magic. "We hope to achieve something 'more than happy' and alleviate children's fears. Children are afraid of injections and medication most, so I take a 'happy syringe' out of my magic pocket to specifically transform their fears into playful experience," she says.

From eight-month-old infants to eighteen-year-old adolescents, Dr Fei Fei believes that staying on-trend is essential to start a conversation with them – from Pikachu in older times to recent trends such as Chiikawa, Labubu, and even the online game Honor of Kings.

Dr Fei Fei admits that everyone has negative emotions at times. "But the moment I step through the 'Hu-du-men' into the ward, I leave myself behind. I wish children could have a pleasant experience in the hospital," she says.

Accompanying patients to operating theatre to reduce anxiety

Yvonne Lam, Social Work Officer (Patient Resource Centre) of HKCH, points out that the 'Giggle Doctors' who have undergone professional training in arts and healthcare settings, are good at interacting with paediatric patients. There are four 'Giggle Doctors' at HKCH who work in wards, specialist outpatient clinic (SOPC) and operating theatres. "It is inevitable for children to feel terrified about surgery. 'Giggle Doctors' would accompany them into the operating theatres and increase their understanding of the surgery through games to alleviate their anxiety," says Yvonne.

Yvonne explains that 'Giggle Doctors' can change the atmosphere of wards. Parents sometimes call to inquire about the location of the 'Giggle Doctors'. In the midst of uncertainties, seeing a long-lost smile on their child's face gives parents a glimmer of hope.

From a single balloon to a magic syringe, the 'Giggle Doctors' are healing patients' souls with joy in their own unique way.



Yvonne（右）表示「搞笑醫生」現身病房時，另一病房的小朋友都會在不遠處等候。
Yvonne (right) notes that whenever a 'Giggle Doctor' appears in a ward, children from the neighboring ward can be seen waiting nearby.

一日小店長 Be a one-day barista

香港兒童醫院病人資源中心與連鎖咖啡店合作，為26位兒科小勇士帶來「一日小店長」的特別「扮工」體驗。在專業人員的指導及鼓勵下，小朋友順利完成接待客人、沖調飲品、結帳收銀等任務，體驗咖啡店工作的趣味。活動讓他們從日常被照顧的一方，變為提供服務的小店長，為他們帶來成功感。見到孩子們面帶純真的笑容，親手將飲品及食物送到父母手中，表達他們真摯的愛及謝意，在場所有人都心頭一暖。





In partnership with a chained coffeehouse, the Patient Resource Centre of HKCH offered a unique 'be a one-day barista' experience to some 26 paediatric warriors. Under the guidance and encouragement of the professionals, the children successfully completed tasks such as serving customers, preparing beverages, handling payments and more. This meaningful activity allowed them to temporarily shift their roles from care recipients to service providers, offering a sense of accomplishment. It was heartwarming to see the innocent smiles on the kids' faces as they served beverages and pastries to their parents, expressing the purest love and gratitude.