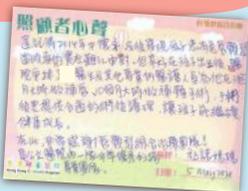


# Patients' stories

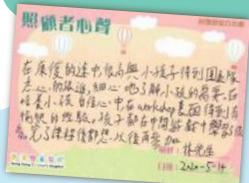
I remember whilst still pregnant in 2014, I was devastated to find out that my son had cleft lip and palate. Luckily after birth, a team of experts from the hospital came to treat him, with lip repair operation at 3 months, palate repair operation at 10 months and subsequent care program tailored for him, so that he thrived as a healthy child. I am very thankful to the whole cleft team. It is an outstanding interdisciplinary service in the public sector.

Tsz-Lok's mother



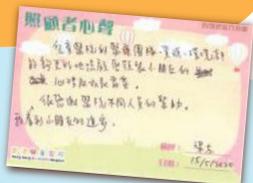
During his convalescence, I was very pleased to see that my child received attentive care from the team who took heart to understand his needs. For motivating his confidence, he enjoyed a rewarding experience in the workshop. He gained a great deal through games therein. Upon its completion, he wants to join the workshop again.

Mr Lam



The care team and setting of the Children's Hospital are dedicated in caring for children with cleft, helping them to attain normal growth and development. Watching my child grow, I am truly grateful to each and every hospital team member who contributed.

Mrs Leung



## New Case Referral

To book a new case appointment at the specialist outpatient clinic (SOPC), patients are required to present the following documents/information:

- 1) Hong Kong Identity Card/birth certificate/vaccination record card (or a valid identity document)
- 2) Referral letter from a local registered medical practitioner issued in the last three months
- 3) Residential address information

Alternatively, new case booking for surgery specialty can be made through our smartphone mobile application 'BookHA'. (to be available after mid 2021)

## Enquiry

For enquiry about the Cleft Lip & Palate Multidisciplinary Service or referral arrangement, please call the following clinic:

Specialist Outpatient Clinic  
Hong Kong Children's Hospital  
Enquiry no: 3513 3513

Production and Designed by Patient Resource Centre  
Hong Kong Children's Hospital  
2021 Feb

# Cleft Lip & Palate Multidisciplinary Care

A chance for your child  
to  
**smile**



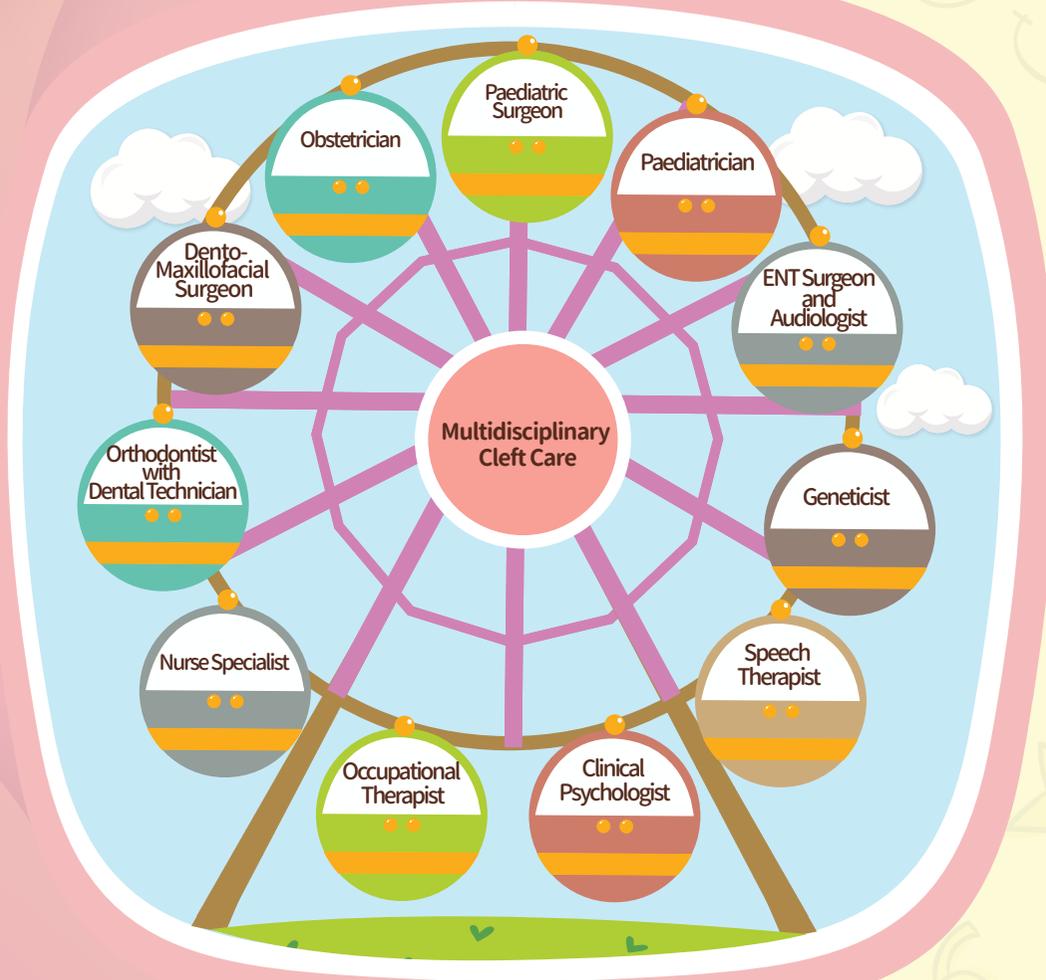
香港兒童醫院  
Hong Kong Children's Hospital

## Cleft Lip & Palate Multidisciplinary Service

Cleft Lip & Palate service in the Hong Kong Children's Hospital began in 2019, with a multidisciplinary team providing one-stop, cross-clusters comprehensive treatment services to all children with cleft lip and/or palate across Hong Kong.

### Interdisciplinary Team

From before birth to grown-up, each involved subspecialty provides specific treatments at different stages according to needs. These include:



## Treatment Overview & Timeline

Despite birth defect, with timely and appropriate treatments, the majority of children with cleft thrive without major problems and integrate normally into society like other children. Various treatment needs arise at different stages in children with cleft; regular and long term review is therefore necessary until the child is grown up with completion of treatment.



Before Birth	0-2 Years	2-6 Years	6-16 Years	≥17 Years
<ul style="list-style-type: none"> <li>Antenatal structural ultrasound assessment</li> <li>Antenatal counseling</li> </ul>	<ul style="list-style-type: none"> <li>Counseling/ support on infant feeding after birth</li> <li>0-3 months: Nasoalveolar molding</li> <li>3-6 months: Cleft lip-&amp;-nose repair</li> <li>9-18 months: Cleft palate repair &amp; (if necessary) myringotomy with grommet insertions</li> </ul>	<ul style="list-style-type: none"> <li>Language &amp; articulation assessment</li> </ul>	<ul style="list-style-type: none"> <li>Alveolar bone grafting</li> <li>Presurgical Orthodontics</li> <li>Assessment/ treatment for speech &amp; velopharyngeal dysfunction</li> </ul>	<ul style="list-style-type: none"> <li>Orthognathic surgery</li> <li>Lip/nose revision surgery</li> </ul>
Speech & language training				
Tympanogram & hearing assessment (at 0-6 years usually, at 6-11 years if indicated)				
Postoperative scar care/ laser treatment (at 0-2 years usually)				
Perioperative occupational therapy, physical and psychosocial development & motivation group				
Psychological assessment & treatment, psychological enrichment, relational skills training				



Scan the QR codes for more information about Cleft Lip & Palate Multidisciplinary Treatment

