2026 AWARD

傑出團隊
Outstanding Team

**香港母乳庫**
香港島醫院聯網／九龍中醫院聯網／九龍東醫院聯網／九龍西醫院聯網／新界東醫院聯網／新界西醫院聯網／醫院管理局總辦事處

**Hong Kong Breast Milk Bank**
Hong Kong Island Cluster / Kowloon Central Cluster / Kowloon East Cluster / Kowloon West Cluster / New Territories East Cluster / New Territories West Cluster / Hospital Authority Head Office




# 一點一滴 守護生命

## Every drop counts: Safeguarding the future of Hong Kong

秉持守護珍貴小生命的信念，團隊自2023年底籌劃成立香港母乳庫，為有需要的嬰兒提供安全和優質的經消毒捐贈母乳。團隊匯聚了超過50位來自醫院管理局所有醫院聯網的兒科、婦產科、病理學、感染科專家、營養學、資訊科技及總辦事處的同事。團隊表示：「我們最感恩的是大家都竭誠為病人付出更多，例如**去年十號颱風襲港期間，團隊成員在天氣稍為穩定，即毫不猶豫返回醫院，於嚴格時限內為一批已解凍的捐贈母乳進行消毒處理，只為確保不會浪費每一滴母乳，守護當中的心意。**」

香港母乳庫2025年1月投入服務，截至今年3月31日，已募集超過3,200公升母乳，惠及逾530名初生嬰兒。當中一名患有嚴重壞死性小腸結腸炎的早產嬰兒，媽媽曾因初期未能分泌乳汁而深感內疚，幸而母乳庫及時提供捐贈母乳，讓該嬰兒獲得天然營養。媽媽亦在護士幫助下嘗試泵奶，最終在孩子出院前，已能分泌足夠母乳餵哺親兒。這段經歷不但幫助嬰兒度過難關，也讓媽媽重拾信心。今年1月，團隊更獲香港回教信託基金總會認可捐贈母乳可用於穆斯林嬰兒，跨越社群界限，攜手守護生命。

團隊未來會加強研究工作，重點聚焦母乳營養分析，更精準調配營養成分，期望更有效地按嬰兒需要配對所收集的母乳，延續守護生命的使命。

Driven by the belief to safeguard all precious little lives, the Team began planning the establishment of the Hong Kong Breast Milk Bank (HKBMB) in late 2023, aiming to provide safe and high-quality pasteurised donor breast milk to infants in need. This multidisciplinary team brought together over 50 professionals from across all hospital clusters, pooling expertise from paediatrics, obstetrics and gynaecology, pathology, infectious diseases specialists, dietetics, information technology, and Hospital Authority Head Office. The Team shares, "we deeply appreciate everyone's dedication to going the extra mile for our patients. For instance, **when Typhoon Signal No. 10 hit Hong Kong last year, our team member returned to the hospital as soon as the weather stabilised without hesitation, to pasteurise a batch of thawed donor milk within the strict timeframe, to ensure that not a single drop of this precious milk was lost, safeguarding the love and hope in every drop.**"

The HKBMB began operations in January 2025. As of 31 March of this year, it has collected over 3,200 liters of breast milk, benefiting over 530 newborns. Among these was a premature baby with severe necrotising enterocolitis. The mother felt very guilty as she could not produce breast milk initially. Fortunately, timely provision of donor milk from the HKBMB provided the baby with essential natural nutrition. With continuous nurse support, the mother tried pumping, and had enough milk to nurse the baby herself by discharge – sustaining the infant and restoring her confidence. In this January, the Team has successfully sought support from The Incorporated Trustees of the Islamic Community Fund of Hong Kong for donor milk use among Muslim babies, bridging communities to preserve lives.

Continuing the mission to safeguard lives, the Team will also enhance research efforts with a focus on the nutritional analysis of breast milk, facilitating more precise fortifier dosages and a better matching of collected milk to the needs of infants.

短片
Video