

實
Fruition
現





“成績表”

院長的話

2018年12月18日是香港兒童醫院啟用的日子。率先投入運作的專科門診，當時只有三個專科。短短三年後，本院已開展了成熟和全面的跨專科臨床服務。一些極為複雜的兒科病症已集中在這裡治理，我們亦實現了討論經年的軸輻模式，並協助推行全港性的重點醫療計劃，至於科研、培訓和改善病人體驗方面也有滿意的發展。今期通訊總覽我們的工作，好像一張階段性成績表，反映不同團隊的努力和協作，令人鼓舞！

When our specialist outpatient clinic opened its door on 18th December 2018, there were only three specialties. After three years, HKCH is already providing comprehensive multi-disciplinary clinical services, handling some of the most complex paediatric cases in the territory, materializing the hub-and-spoke service model, and implementing some key healthcare programmes for Hong Kong. We are also making good progress in

早前一班香港運動員應本院邀請，拍片為病童送上窩心節日祝福，並引用自己的比賽經歷，鼓勵他們勇敢面對治療。我們必須繼續喚起大眾關注病童的需要，給予抗病力量，同時增強各界對我們服務的信心，爭取更多支持。

醫院行政總監
李子良醫生

research, training and enhancing the patient experience. This issue sums up our work so far, like a report card which reflects the tireless effort and collaboration among teams.

Earlier, several Hong Kong athletes recorded heartwarming holiday messages for our patients and encouraged them to face treatment bravely. Looking ahead, we will continue to draw public attention to the needs of our patients, and gain their confidence in our service.

Dr Lee Tsz-leung
Hospital Chief Executive



重溫
WATCH
VIDEO

游泳世界紀錄保持者何詩蓀與
其他著名運動員拍片為本院病童打氣
World champion swimmer Siobhán Haughey and other famous athletes
cheer on HKCH patients through video messages

封面照片：梁嘉恩醫生於員工攝影比賽的冠軍作品
Cover image: winning entry of staff photo contest by Dr Karen Leung

開院3年服務成果

What we have achieved in 3 years

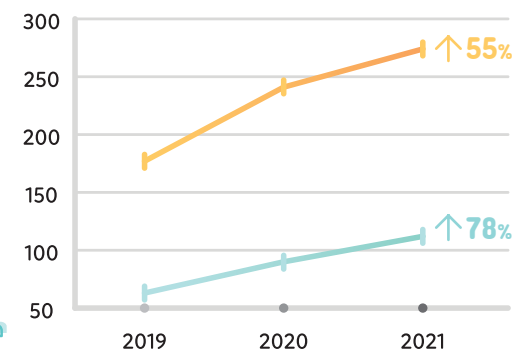
病床數目
Bed no.

274



專科門診診所數目
No. of specialist outpatient clinics

112



我們已成為全港兒童
移植服務中心

HKCH has become the territory's
PAEDIATRIC
TRANSPLANT CENTRE



腎臟移植
Kidney transplant

5

遺體腎移植
Cadaveric
transplants

1

活體腎移植
Living donor
transplant



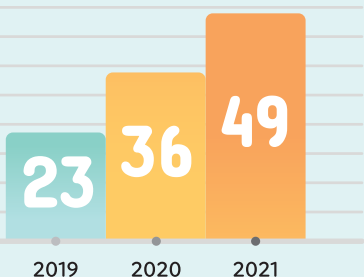
心臟移植
Heart transplant

2022年2月進行首宗
First case performed in Feb 2022



造血幹細胞移植
Haematopoietic
stem cell transplant

宗數
Cases performed

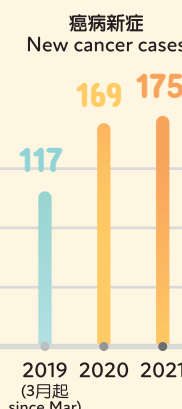


這些醫管局提供的複雜治療已集中於本院進行

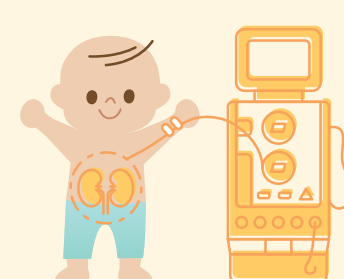
These complex treatments in HA have been CENTRALISED AT HKCH

兒童癌症及
複雜血液疾病
積極治療

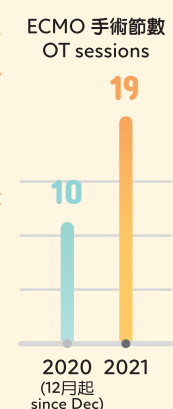
Active
treatment
for childhood
cancers and
complex blood
disorders



兒童腎臟替代治療
Paediatric renal
replacement therapy



兒童心臟手術、
體外膜氧合器、
複雜心導管
介入治療
Paediatric cardiac
surgeries, ECMO,
complex catheter
intervention

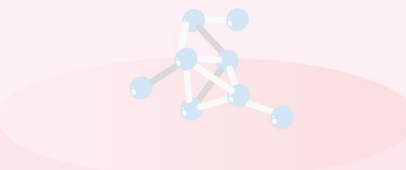


落實軸輻模式 兒科服務核心

香港兒童醫院作為第三層專科轉介中心，集中處理嚴重、複雜、不常見，及需要跨專科治理的兒科病症；而地區醫院的兒科部門則主要負責第二層、緊急及社區護理服務。在這軸輻模式下，兩者共同建立一個協調連貫的兒科網絡。透過集中罕見複雜病例、醫療專才與先進儀器於本院，有助累積臨床經驗、促進副專科發展及劃一治療標準，提升整體服務水平。這裡列舉了本院各專科落實軸輻模式的情況，及為各地區醫院提供的支援。



Materializing the HUB & SPOKE MODEL



Under the hub-and-spoke model of the public paediatric network, HKCH serves as a tertiary referral centre for complex, serious and uncommon paediatric cases requiring multidisciplinary management; while regional hospitals provide secondary, acute, emergency and community paediatric care. It aims at enhancing the overall service standard by concentrating caseload, expertise and advanced equipment, accumulating clinical experience, fostering subspecialty development, and aligning treatment protocols. Here is how various HKCH specialties have put the model into practice and extended support to regional hospitals.



行政長官林鄭月娥探訪透過篩查計劃確診先天性新陳代謝病的初生嬰兒及父母。
Chief Executive Carrie Lam visits a baby diagnosed with IEM through the newborn screening programme.

SUPPORT TERRITORY-WIDE PROGRAMMES TO SAFEGUARD THE HEALTH OF MANY

香港兒童醫院匯聚不同專家、先進儀器和兒童為本的設備，一直支援政府及醫管局推行各項醫療策略和措施，惠及全港有需要的市民。
With its expertise, advanced equipment and children-centred facilities, HKCH has been supporting the government and HA to implement different healthcare strategies and initiatives to benefit those in need across the territory.



初生嬰兒代謝病篩查

先天性代謝病可導致智力受損及器官衰竭等嚴重後果，因此預防是非常重要的公共衛生措施。初生嬰兒代謝病篩查計劃涵蓋所有在公立醫院出生的嬰兒，參加計劃嬰兒的血液樣本會送往本院，由病理學部利用串聯質譜儀檢測26種代謝病。如偵測到異常個案，便會由先天性新陳代謝科跟進，希望在病徵出現之前及早確診和開始治療，如透過調整飲食及藥物控制，讓寶貴能健康成長。

Newborn screening for inborn errors of metabolism

Prevention of inborn errors of metabolism (IEM) is an important public health measure as they may cause intellectual disability and organ failure. The IEM newborn screening programme covers all babies born in public hospitals. Participants' blood specimens are sent to HKCH where 26 IEM conditions are screened using tandem mass spectrometry. The Metabolic Medicine team will then follow up abnormal cases for early diagnosis and treatment, hopefully before symptoms arise. With proper medications and dietary therapy, most of them can be well managed and can grow healthily.

香港基因組計劃

本港有不少人患上遺傳相關的疾病，包括一些未能確診的病症和癌症。食物及衛生局正推行香港基因組計劃，透過全基因組測序尋找致病的基因變異，為病人及家屬提供更準確診斷及有效治療。

本院作為計劃其中一個夥伴中心，負責招募合適病人及家屬參與。由醫生、護士、遺傳輔導員、生物信息學家和醫務化驗師組成的團隊會為參加者抽取樣本，轉交香港基因組中心進行測序分析，亦提供測試前後的輔導及臨床轉介。

11歲的阿軒從小就不時抽筋，但原因不明，需長期服藥控制。他去年再次病發昏迷，被送到深切治療部，一家人之後被轉介至本院參加計劃。其母稱：「他的病好像計時炸彈，一點傷風咳已令我進入作戰狀態，擔心會誘發抽筋，心理壓力很大。我們沒有家族病史，一直心存疑問，奈何專業人士都沒有答案。好幸運可參與此計劃，期望有機會找到病因，對症下藥。」

Hong Kong Genome Project

Many people in Hong Kong suffer from hereditary diseases, including undiagnosed conditions and cancers. The Food and Health Bureau has rolled out the Hong Kong Genome Project to look for disease-causing genetic variants through whole genome sequencing, in order to provide more precise diagnosis and effective treatment for these patients and families.

As one of the project's partnering centres, HKCH is responsible for recruiting eligible patients and family members. Besides collecting their specimens and sending to the Hong Kong Genome Institute for sequencing and analysis, a team comprising of doctors, nurses, genetic counsellors, bioinformaticians and medical technologists also offers pre- and post-test counselling and clinical referral.



阿軒與父母一起接受遺傳輔導及抽血，希望透過基因測序找到病因。
Hin and his parents having genetic counselling and blood-taking for genome sequencing, hoping to get a diagnosis.

Non-invasive prenatal testing

HA's non-invasive prenatal testing (NIPT) service detects fetuses with Down syndrome, Edwards syndrome and Patau syndrome. For pregnant women whose fetus is considered high risk in the first-tier screening performed by public obstetric units, their blood samples are sent to HKCH for further screening.

HKCH will test the foetal DNA in the maternal plasma. NIPT is 99% accurate. It also prevents risk of miscarriage due to invasive examinations such as chorionic villus sampling and amniocentesis.



從孕婦血液樣本中提取血漿，然後利用次世代定序儀檢驗，可以得知胎兒患有唐氏綜合症等染色體異常的風險。
In NIPT, plasma is extracted from blood samples of pregnant women and analyzed with this next-generation sequencer. It can tell the risk of fetuses having chromosomal disorders like Down syndrome.

乙肝疫苗後血清測試

為減低乙型肝炎的母嬰間傳播，衛生署今年一月起，為母親是乙肝患者的嬰兒進行血清測試，以安排沒有足夠抗體的嬰兒補種三劑乙肝疫苗，並盡快轉介受到感染的嬰兒接受治療。

由母嬰健康院轉介的嬰兒會於本院專科門診接受抽血，樣本交予公共衛生化驗服務處測試，預計每年涉及三千名嬰兒。

特殊口腔護理服務

衛生署與醫管局合作，在本院專科門診為六歲以下的智障兒童提供口腔護理，包括口腔檢查、補牙、脫牙等，亦可於手術室進行鎮靜或全身麻醉下的牙科治療。

受牙痛困擾的遠仔參加了計劃。牙醫發現他有逾十隻蛀牙，於是在全身麻醉下為他補牙、套上牙冠及塗上氟化物作預防。遠仔媽媽說，以往較難找到合適及收費相宜的牙科服務。「這裡的醫護人員又有耐性又友善。兒子不再害怕，並可合作完成檢查。沒有牙痛，他亦吃得多了。」

Hepatitis B post-vaccination serologic testing

To reduce mother-to-child-transmission of hepatitis B, the Department of Health started to offer serologic testing for babies born to hepatitis B-infected mothers from this January. Babies found to have inadequate antibodies will be given an additional three-dose hepatitis B vaccines, while infected babies will be referred for specialist management.

Special Oral Care Service

The Department of Health collaborates with HA to set up the Special Care Oral Service at HKCH for children under six with intellectual disability. Oral examination, filling and extraction procedures are provided at the specialist outpatient clinic. Dental treatment under sedation or general anaesthesia can also be performed at the operating theatre.

Yuen is one of the patients referred to this programme. He had over ten decayed teeth and dentists treated them with fillings, dental crowns and fluoride varnish under



遠仔在母親陪伴下接受口腔檢查。
Yuen undergoing oral examination with his mother by his side.

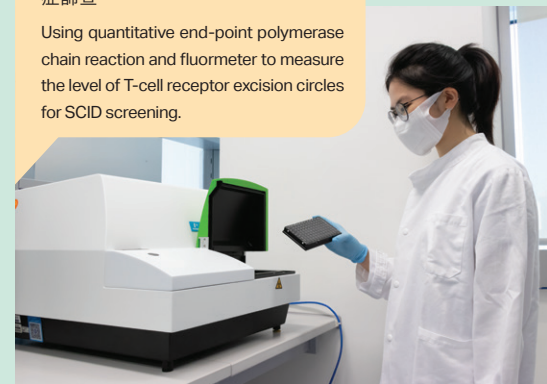
general anaesthesia. His mum said it had been difficult to find suitable and affordable dental service, "The healthcare staff here are very patient and friendly. My son doesn't feel scared now and is willing to cooperate in examination. He is free from toothache and eats more."

Screening for severe combined immune deficiency

Severe combined immune deficiency (SCID) is a group of rare genetic disorders which impair one's immune system against bacteria, viruses and fungi, leading to recurrent, life-threatening infections. Symptoms generally develop in a few months after birth, making early identification difficult.

Pilot newborn screening for SCID was launched in HKCH in Oct 2021 for all babies born in public hospitals. The Immunology team will follow-up confirmed cases, including arranging protective isolation and haematopoietic stem cell transplantation.

病理學部利用定量終端聚合酶鏈反應螢光儀測量T細胞受體切除環的水平，進行嚴重複合型免疫缺乏症篩查。
Using quantitative end-point polymerase chain reaction and fluorometer to measure the level of T-cell receptor excision circles for SCID screening.





Fellowship program
helps doctors realize research dream

新一輪陳廷驊基金會
臨床科研獎學金計劃
現正接受申請

New round of
The D. H. Chen Foundation
Clinical Research Fellowship Program
now open for application

申請資格
Eligibility

本院所有已獲取專科
資格的全職醫生
(不止限於兒科)
All HKCH full-time medical
staff who have attained
specialist status
(not limited to Paediatrics)

截止日期
Deadline

4月30日(事前將有
簡介會)
30th April (briefing session
will be held beforehand)

查詢
Enquiries

研究辦公室
Research Office
3513 3194

香港兒童醫院致力推動科研發展，以達致卓越兒科水平。醫院與大學醫學院緊密合作，從事各種兒科和遺傳疾病的基本和轉化研究。

其中，本院獲陳廷驊基金會捐款成立「陳廷驊基金會臨床科研獎學金計劃」，屬醫管局首個同類型項目，旨在設立機制培育科研人才，尋求醫學突破及更佳治療方法。

計劃將合共資助八名本院醫生，在香港大學或中文大學教學人員的指導下，進行為期兩年的研究。期間院方會安排額外人手分擔臨床工作，讓醫生有時間專注研究，他們亦會獲得一筆研究資金。現時已有四名醫生獲頒獎學金，他們均對踏上科研路充滿理想和熱情，希望造福病童。



古德來醫生

DR
DENNIS KU



鍾凱甯醫生

DR
CHEONG KAI-NING



許栢峰醫生

DR
ALVIN HUI



陳祐祈醫生

DR
WILSON CHAN

“不少醫生都有一個科研夢，但往往因臨床工作繁忙而難以實現。計劃能支持我們達成夢想，享受研究的樂趣，亦有助推動醫院的研究風氣。”

Doing research is the dream of many clinical doctors. This program supports us to pursue this dream and promotes a research culture in the hospital.

Research Title

利用立體球體細胞培植方法，研究罕有兒童腦瘤非典型畸胎瘤樣肌樣瘤的抗藥機制，以破解治療困局
Use 3D spheroid cell culture methods to identify the drug resistance mechanisms of atypical teratoid rhabdoid tumour (a rare childhood brain tumour) for better treatment

“讓我有機會擔當醫生 / 研究員的雙重角色，配合跨專科的全面服務，為病童提供個人化精準治療。”

An opportunity to integrate the hybrid role of a clinician-researcher with multi-disciplinary holistic care for precision medicine.

分析免疫細胞表型及基因譜系，找出風濕病童自身免疫紊亂和炎症的發病機制、藥物療效和預後的關聯性
Investigate the immune cell and gene expression profile of rheumatology patients to find out the characteristics associated with disease severity and treatment response

“為我提供一個涉獵研究的好開始，累積實驗室經驗，打好基礎。期望有滿意成果，可以繼續發展下去。”

A good start for me to explore the research field and gain lab experience. I hope to produce satisfactory output and develop further upon this foundation.

研究尿液中的生物標記和臨床指標，以加快診斷危重病童的急性腎損傷
Study the performance of urinary biomarkers and clinical parameters for early diagnosis of acute kidney injury among critically ill children

“透過這計劃，我希望將臨床問題延伸至實驗室，創建屬於本地人口的科研實證，最終提高病童的存活率。”

I hope to bring clinical research questions from bedside to bench and create our own research evidence that is applicable to the local population, so as to increase patients' survival rate.

針對高危、難治和復發的神經母細胞瘤，研究病童在接受半相合造血幹細胞移植後，如何增強體內自然殺手細胞的毒性及抗癌能力
Study how to enhance the cytotoxicity of natural killer cells against cancerous cells in children with high risk or refractory/relapse neuroblastoma post-haploidentical haematopoietic stem cell transplant

Promoting research is one of the missions of HKCH to achieve excellence in paediatrics. We closely collaborate with universities for conducting basic and translational research on various paediatric and genetic diseases.

One of the initiatives is The D. H. Chen Foundation Clinical Research Fellowship Program, established with a generous donation from the Foundation. The first of its kind in the Hospital Authority, it aims to develop a structured mechanism to nurture research talents and stimulate ideas to benefit medical advancement and clinical practice.

A total of eight HKCH doctors will be selected under the program. They can conduct research for two years under the supervision of HKU / CUHK academic staff, and relieving manpower will be arranged to share their clinical duties. Apart from protected time, they also get research funding to implement their projects. The four fellows awarded share a common passion to embark on the research journey to benefit more patients.

香港兒童醫院
HKCH research snapshots

- 配備各種科研設施，如科研實驗室、臨床研究中心及數據中心
Research infrastructure such as research laboratories, clinical trial centre and data centre
- 設專責科研事務的委員會及辦公室
Dedicated research committees and office
- 除陳廷驊基金會的捐款，醫療衛生研究基金亦邀請本院進行委託兒科研究項目，撥款總額達2千萬元
Up to \$20 million from the Health & Medical Research Fund for HKCH to conduct commissioned paediatric research projects, in addition to the donation from The D. H. Chen Foundation





Nurturing paediatric professionals



本院獲政府指定撥款安排員工培訓。本院的物理治療師(左)曾到海外培訓，學習最新知識及技術。
HKCH is granted designated training fund by the government. The physiotherapist on the left was attending overseas training to acquire the latest knowledge and skills.



兒童及青少年科榮譽部門主管陳志峰教授在專科門診指導香港大學的醫科生查看病歷及解釋病童情況。
At the specialist outpatient clinic, Honorary Chief of Service (Paediatrics and Adolescent Medicine) Prof. Godfrey Chan shows some HKU medical students how to review medical records and explain patient's condition.

香港兒童醫院擔當培育兒科醫護人才的重要角色，由在學、受訓至在職各階段提供相應培訓，不斷提升專業服務水平。

The Hong Kong Children's Hospital plays an important role of nurturing paediatric healthcare professionals during different stages of their career, in order to raise the overall service standard.

指定培訓撥款 配合服務發展

本院獲政府指定撥款，為醫護人員安排培訓活動，包括派員到海外知名醫療機構考察及受訓、委聘海外及本地專家主講，及資助員工報讀課程等，至今已有超過450名本院醫生、護士及專職醫療人員接受過相關培訓。

培育未來醫生

本院同時身為香港大學和香港中文大學醫學院的臨床教學場地。醫科生有機會參與病童的診治及個案討論，累積實戰臨床經驗和學習溝通技巧。本院的獨特複雜兒科病例更為他們提供實用的學習體驗。

Designated training fund for staff

HKCH receives designated funding from the government for training healthcare professionals to cater for service development. So far, over 450 doctors, nurses and allied health professionals have participated in related training activities including attachment or visit to renowned overseas medical institutions, commissioned training by overseas and local experts, and sponsored training programmes.

Clinical teaching for future doctors

HKCH is the teaching site of both medical faculties of the University of Hong Kong and the Chinese University. Medical students can get clinical exposure and learn about bedside skills through participating in patient consultations and case discussions. The unique and complex paediatric cases at HKCH also offer students a practical learning experience.



在血液及腫瘤科病房中，一班香港中文大學醫科生聚精會神地觀察助理教授梁永堃醫生為病童檢查身體。
CUHK medical students gather around a patient being examined by Assistant Professor Dr Alex Leung in the haematology and oncology ward.

模擬培訓提升專業水平

本院設有模擬培訓中心，為全港醫護人員提供兒科相關的模擬培訓。2018年至今，中心共開辦364個課堂，涉及260位導師和4,000多名學員。

中心代理主管陳衍標醫生介紹，本港兒科受訓醫生的全部五項必修課程（包括新生兒復甦、兒科高級生命支援術、兒童鎮靜麻醉、保護兒童及兒童舒緩治療）均由該中心提供，而部份課程亦是兒科護士培訓不可或缺。至於其他專科的醫護人員亦可於中心學習如何處理兒童病人的問題，如氣道介入、氣管造口、緊急外科情况等。

中心亦為實習醫生安排模擬培訓，以補足臨床經驗，有助他們辨識兒科緊急情況，作出迅速反應。

由於實體培訓活動受疫情影響，模擬培訓中心變陣採用網上教學形式，包括舉行近150場網上直播講座，邀請業界人士就多個兒科題目分享知識與灼見，醫生們亦能申請相關學分。

重溫模擬培訓中心
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ChildSim Talks



模擬培訓中心配備完善醫療與影音器材，營造各種像真情境，亦有助導師評核學員表現。圖為新生兒復甦課程上課情況。

Neonatal resuscitation training in action. There are well-equipped labs at ChildSim for simulating real-life scenarios and evaluating learners' performance.



模擬培訓中心舉辦的保護兒童課程是本港兒科受訓醫生的必修課程。
The child protection course run by ChildSim is part of the mandatory training for paediatric resident trainees.

Hands-on simulation training

The hospital's Simulation Training Centre, also known as ChildSim, provides paediatrics-related simulation training for healthcare professionals all over Hong Kong. Since 2018, it has conducted 364 classes by 260 instructors, training more than 4,000 learners.

According to Deputy Centre in Charge Dr Bill Chan, all the five mandatory training for paediatric resident trainees (namely neonatal resuscitation, paediatric advanced life support, safe paediatric sedation, children protection, and paediatric palliative care) are held at ChildSim, and some of these courses are essential for paediatric nurses as well. Besides, professionals from other specialties can come to ChildSim to learn

how to tackle problems with child patients, such as airway intervention, tracheostomy and surgical emergencies.

ChildSim also arranges simulation programme for paediatric interns to make up for their bedside experience, so they are more capable in recognizing paediatric emergencies and providing first responses.

As face-to-face training is affected by COVID-19, ChildSim quickly shifted gear to online learning format. It has to date aired nearly 150 live webcast sessions where speakers shared their profound knowledge and experience over a wide range of paediatrics-related topics, while allowing the paediatric community to earn CME credits.



一班實習醫生剛於模擬培訓中心完成課程。後面的退役救護車是用作訓練兒科醫護人員進行重症治療運送，以提升病童轉院期間的治理和安全。

A group of paediatric interns just finished training at ChildSim. Behind them is a decommissioned ambulance for critical care transport training, which has become more important as the new hub-and-spoke model calls for increased inter-hospital transfers.

家長重要後盾

家屬留宿房啟用

New Family Overnight Rooms
support parents' needs

位於B座四樓的家屬留宿房於去年十一月啟用。這設施是全港公立醫院獨有，方便家長全天候陪伴照顧病童，減少舟車勞頓，讓身心得以歇息，貫徹本院「兒童為本・家庭友善」的宗旨。

該處的房間配備睡床、獨立浴室、電視機及無線網絡，供深切治療部病童的家長或主要照顧者申請入住。

首批使用者張太說：「兒子病情反覆，時刻擔心他真的很煎熬。我最怕半夜接到電話，根本不夠膽離開醫院。」張生認為新設施對他們幫忙很大：「之前每天坐在病房外通宵守候，容易腰酸背痛，雙腳水腫。現在慶幸有地方好好睡一覺和吃飯，身體及精神狀態改善不少，更有精力照顧孩子。」

二人因兒子的病已辭職，繳付留宿費有一定壓力，幸受惠於院方的資助，獲得部分減免。資助計劃的資金來自黃鄧美華女士以先夫黃燦華先生名義捐出的善款。張太感謝善長：「這是很實質的支持，讓我們可以繼續走下去。醫院已經成為我們的家，能夠爭取多點時間陪伴兒子，有甚麼事也可即時回到病房，我感到更安心。」



“

……有地方好好睡一覺和吃飯，身體及精神狀態改善不少，更有精力照顧孩子。

This place gives us strength to take care of our son.

”

- 家長
Parent

The Family Overnight Rooms located on 4/F of Tower B have commenced service since November 2021. This family-friendly facility is the first of its kind in all public hospitals. It offers a comfortable place for parents to recharge their body and mind.

Each room is equipped with a bed, ensuite bathroom, TV and Wi-Fi. Parents or the main carers of ICU patients can apply to stay there.

One of the first users Mrs Cheung said, "It's tough having to worry about my son all the time. It gives me a heart attack every time I get a call from the hospital in the middle of the night, so I dare not walk away." Said Mr Cheung, "We used to sit outside the ward for the whole day, which left us with

backache and swollen feet. Now we have a proper place to sleep and grab a bite. This gives us a breather and strength to take care of our son."

The room charge is quite a burden for the Cheungs who quit their jobs due to their son's illness. Fortunately, they are able to benefit from the hospital's sponsorship programme which is supported by the generous donation from Mrs Wong Tang Mei-wah in name of her late husband.

Mrs Cheung thanked the donor, "This is a very practical help which allows us to spend more precious time with our son. I feel much relieved that he is just a few steps away."

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